



Hey there!

The teacher in me could only leave you with a practical Action Assignment to enable you to continue diving deeper into the lessons learned from the story of Martha and Mary in Luke 10:38–42. Grab your favorite journey and enjoy.

Your partner in personal growth,

A. Margot Blair

Let's connect on Instagram at [@a.margotblair](https://www.instagram.com/a.margotblair).
Hosting an event? [Invite A. Margot Blair to speak.](#)

JOURNAL QUESTIONS

Lesson One: Walk in the Discipline of God's Rebuke

- How do I respond when God gently corrects me?
- In what ways can I embrace God's discipline as an expression of His love?
- What steps can I take to ensure I prioritize time with God amid my daily tasks?

Lesson Two: Respond to Jesus' Tender Exhortation

- How can I create a habit of regularly sitting at Jesus' feet?
- How can I practice finding joy in Jesus' presence in my busy life?
- What practical steps can I take to reduce anxiety and focus on Christ?

Lesson Three: Cultivate a Teachable Heart

- What areas of my heart need renewal through time spent with Jesus?
- How can I develop a more teachable heart in my walk with Christ?
- What areas of my life need more openness to God's guidance and correction?
- How can I encourage others to cultivate a teachable heart?

Lesson Four: Prevent Spiritual Stagnation

- What routines or habits can I establish to ensure continuous spiritual growth?
- How can I balance my responsibilities with the need for spiritual nourishment?
- What does transformation into Christ's image look like in my daily life?
- How does meeting with Jesus transform my perspective on my daily tasks?

Lesson Five: Be Anxious for Nothing

- What specific anxieties do I need to present to God in prayer?
- How can I practice thanksgiving even when I'm consumed with worries?
- What changes can I make to trust God more fully with my concerns?

"For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God."

Colossians 1:9-10